



FOLGA



FOLGA to magiczna podróż w głąb smaków natury.
Zapraszamy na kulinarne doznania, które
będą obfitować w zaskakujące połączenia zdrowych produktów
od najlepszych dostawców, z nowoczesną i niespotykaną
formą podania. Chcielibyśmy, aby magia lasu
zawitała na Państwa talerze.

Życzymy smacznego,
Zespół Folga

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Menü auf Deutsch / Menu in English



STARTERS

Beef Tenderloin Tartare with Onion Tartar  59,00 zł
Beef tenderloin / egg yolk / chives / soy sauce / red onion / pickled cucumber / tapioca / bread

 Suggested beverage: SACH MALT

Poached egg waffle with guacamole  29,00 zł
Waffle / egg / avocado / pickled tomato / spinach / paté / roasted onion

 Suggested beverage: COUNTESS MANUELA

Gravlax  49,00 zł
Salmon / beetroot / horseradish cheese / toast / chives / whisky

 Suggested beverage: SANTA LIBERA CATARRATTO PINOT GRIOGIO

Ravioli with ricotta cheese and sage sauce  29,00 zł
Ravioli / ricotta / strawberry / sage / butter / lemon / sorrel

 Suggested beverage: GRAN BACH CAVA

Carpaccio of kohlrabi with smoked mackerel  29,00 zł
Kohlrabi / smoked mackerel / wakame seaweed / tomatoes / walnuts

 Suggested drink: PORNSTAR MARTINI

Carpaccio of kohlrabi with marinated beef  39,00 zł
Kohlrabi / beef tenderloin / wakame seaweed / tomatoes / walnuts

 Recommended beverage: VAN DER BLOND

SOUPS

- Sorrel green  29,00 zł
Italian / piss in / country egg
- Paprika cream with smoked cottage cheese  29,00 zł
Paprika / white vegetables / smoked curd cheese / pickled paprika / pumpkin seeds
- Mushroom soup  29,00 zł
Italian / mushrooms / cream / chicken breast
- Purple cabbage  29,00 zł
Red cabbage / sauerkraut / Italian greens / mashed potatoes / butter

Soups are served with bread.

SALADS

- Strawberry and gorgonzola salad   39,00 zł
Romaine lettuce / spinach / gorgonzola / strawberries / parmesan / cucumber / sage dressing / almond flakes.
- Tuna salad   49,00 zł
Mini romaine lettuce / spinach / tuna / avocado / radish / yam / sorrel pesto / almond flakes
- Salad with smoked pork loin and asparagus  47,00 zł
Mini romaine lettuce / spinach / smoked pork loin / red currants / asparagus / fennel / dressing / nuts

 Suggested beverage: RIESLING ERNST LUGWIG



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MAIN MEALS

Classic Burger  45,00 zł

Beef / lettuce / tomato / gherkin / cheddar / bacon / mayonnaise / ketchup sauce

 Suggested beverage: VAN DER BLOND

Poultry burger  38,00 zł

Chicken thigh / lettuce / cheddar / cucumber / Caesar dressing

 Suggested beverage: VAN DER BLOND

Beef Tenderloin  110,00 zł

Beef tenderloin 170 g / carrots / yam / pickled cucumber / pepper sauce

 Suggested beverage: PRIMITIVO DI MANDURIA KOINE

Beef entrecote  89,00 zł

Beef entrée 220 g / carrots / sweet potato / pickled cucumber / pepper sauce

 Suggested drink: APPEROL SPRITZ

Dumplings with goose and chicken  39,00 zł

Goose / chicken breast / butter / bacon / chives

 Suggested beverage: SANTA LIBERA MERLOT CABERNET

Pork ribs in BBQ sauce 78,00 zł

Ribs / BBQ / French fries / Sauerkraut

 Suggested drink: BUT ONLY UP

FISH

Zander with roasted rice and asparagus  59,00 zł

Zander / rice / asparagus / parsley / egg / garlic / onion

 Recommended beverage: PANAMERA CHARDONNAY

Tuna steak  89,00 zł

Tuna / young vegetable / Oyster mushrooms / Soya sauce / Fennel sauce

 Suggested beverage: RIESLING ERNST LUDWIG

MAKARONS

Tagliatelle with smoked mackerel and crawfish broth 🍷🌿🐟🍷 49,00 zł

Tagliatelle / smoked mackerel / fennel / zucchini / snow peas / bisque sauce

🍷 Recommended beverage: VAN DER BLOND

Rice Noodles with Sirloin 🍷🌿..... 69,00 zł

Rice noodles / beef tenderloin / peas / corn / carrots / onions / ginger / chili / soy sauce

🍷 Suggested drink: WHISKY SOURCE

Spaghetti with Tomatoes and Gorgonzola 🍷🌿..... 34,00 zł

Spaghetti / oil / garlic / tomatoes / spinach / blue cheese / red currants / sunflower seeds

🍷 Suggested drink: JASNIE PAN

Tagliatelle with rib sauce and jalapeño 🍷🌿..... 39,00 zł

Tagliatelle / ribs / our bbq sauce / onions / zucchini / jalapeño / parsley / grana padano

🍷 Suggested beverage: RIESLING ERNST LUDWIG

Starch Additives:

French fries, 150 g - 10 zł

Baked potato, 150 g - 8 zł

FOR CHILDREN

Tomato soup 🌿..... 15,00 zł

Vegetables / Chicken / Tomatoes / Noodles

Broth 🌿..... 15,00 zł

Vegetables / chicken broth / noodles / parsley

Chicken breast strips with miso 🌿🍷🍷..... 27,00 zł

Chicken breast / French fries / cucumber / plain yoghurt

Spaghetti Bolognese 🌿🍷..... 27,00 zł

Spaghetti / Tomatoes / Pork / Cheese



FOLGA



Finger food

PRZEKĄSKI

Our bread 150g	10,00 zł
Fries 150 g	10,00 zł
Yam fries 150 g	12,00 zł
Baked potatoes 150 g	8,00 zł
Sauces (ketchup, mustard, mayonnaise, garlic sauce) 50 g	4,00 zł

BEER BOARD

Meat board	84,00 zł
Wings / smoked drumsticks / fries / onion rings / grilled vegetables / garlic sauce / spicy dip	
Vegetarian board	78,00 zł
Vegetable skewers / hummus / stuffed jalapeño peppers / falafel / grilled vegetables / French fries / garlic sauce / coriander sauce	
Cheese board	89,00 zł
Korycin cheese / camembert / smoked curd / smoked cheese / grapes / grilled vegetables / bread / cranberry dip / nuts	

BEER

Tasting board 4x 150 ml	21,00 zł
Draught beer 0,3 / 0,5l	13,00 zł / 16,00 zł
Bottled beer 0,5l	18,00 zł



KOKTAJLE ALKOHOLOWE

Let's relax	24,00 zł
Gin / klikoria syrup / tonic	
Sach Malt	28,00 zł
Whisky malt / vermut rosso / malt syrup / angostura	
Garden pranks	24,00 zł
Gin / lemon-cardamom syrup / lemon juice / basil	
Cavalryman	26,00 zł
Cognac / triple sec / blackcurrant sour	
American Blond	26,00 zł
Vermut blanco / triple sec / lemon cardamom syrup / top up Blond Ale	
But only up	24,00 zł
Vodka / malt syrup / lemon juice / top up beer	
Hot Todd (choice of men's and women's / white and dark)	26,00 zł
Rum / cherry / tea / spice syrup (bought) / rum / vegetable milk, roasted hazelnut / pistachio syrup	
Ensign's coffee (digestif)	30,00 zł
Rum / khalua / doppio / malt syrup / syrup / lemon / cardamom	
Pornstar Martini	26,00 zł
Vanilla vodka / passoa / lime juice / sugar syrup / passion fruit	
Whisky sour	28,00 zł
Whisky / lemon juice / agnostura bitter / sugar syrup / protein	
Strawbery Daiquri	26,00 zł
Rum / frozen strawberries / lemon juice / sugar syrup / frizante	
Negroni	28,00 zł
Gin / martini rosso / campari / orange	
Mohito	28,00 zł
Rum / brown sugar / sparkling water / lime	
Aperol Spritz	28,00 zł
Aperol / frizante / sparkling water / orange	
Barbie	28,00 zł
Vodka / passoa / lemon juice / peach juice / strawberry kinley	

NON-ALCOHOLIC COCKTAILS

Mojito Virgin 22,00 zł
Mint / cane sugar / lime / carbonated water / Sprite

Hugo Virgin 22,00 zł
Elderberry syrup / lime / Sprite / carbonated water

GIN

Seagram's 4 cl 16,00 zł
Money 47 4 cl 40,00 zł
Heritage 4 cl 46,00 zł
Tenquerray No. 10 4 cl 26,00 zł

LIQUOR

Jagermeister 4 cl 14,00 zł
Aperol 4 cl 14,00 zł
Campari 4 cl 14,00 zł

RUM

Zacapa 4 cl 46,00 zł
La Factoria 4 cl 20,00 zł
Bacardi Carta Blanca 4 cl 12,00 zł
Don Papa 4 cl 38,00 zł

TEQUILA

Rooster Rojo Blanco 4 cl / 70 cl 18,00 zł / 280,00 zł
Rooster Rojo Reposado 4 cl / 70 cl 18,00 zł / 280,00 zł
El Jimador Blanco/Reposado 4 cl / 70 cl 18,00 zł / 280,00 zł





SINGLE MALT WHISKY

The Glendronach 4 cl	36,00 zł
Belvenie 14 yo 4 cl	58,00 zł
Belvenie 12 yo 4 cl	42,00 zł
Aberlour 4 cl	44,00 zł
Glenfiddich 12 yo 4 cl	36,00 zł
Ardbeg 10 yo 4 cl	30,00 zł

WHISKY

Jack Daniels 4 cl	18,00 zł
Jameson 14 yo 4 cl	16,00 zł
Jim Beam 4 cl	12,00 zł
Johny Walker Black Label 4 cl	14,00 zł

COGNAC / BRANDY

Ferrand 10 Generations 4 cl	40,00 zł
Metaxa 5 yo 4 cl	14,00 zł
Hennessy 5 yo 4 cl	24,00 zł

WHISKY VOICE

Wyborowa 4 cl / 50 cl	10,00 zł / 100,00 zł
Ostoya 4 cl / 50 cl	14,00 zł / 210,00 zł
Biały Bocian 4 cl / 50 cl	10,00 zł / 100,00 zł
Pravda 4 cl	22,00 zł
Belveder 4 cl	24,00 zł

O większy asortyment proszę pytać obsługę.

COLD DRINKS

Coca cola, Cola zero, Fanta, Sprite 0,25l	11,00 zł
Kinley 0,25l	10,00 zł
Cappy 0,25 l	10,00 zł
Burn 0,25l	12,00 zł
Red Bull 0,25l	14,00 zł
Lemoniada 0,4l l	14,00 zł
Sok wyciskany (mix, pomarańcza, grejfrut) 0,3l	18,00 zł
Woda 0,5l/1l	8,00 zł / 12,00 zł

HOT DRINKS

Espresso	9,00 zł
Espresso Doppio	12,00 zł
Americano	14,00 zł
Cappucino	15,00 zł
Flat White	15,00 zł
Latte Macchatio	16,00 zł
Irish Coffe	26,00 zł
Hot chocolate	16,00 zł
Teas (please ask the staff about the types of teas)	14,00 zł



HOLGA

ALERGENY

-  Onions
-  Horseradish
-  Cinnamon/anise/cloves/nutmeg
-  Citrus
-  Garlic
-  Mustard and derived products
-  Mushrooms
-  Ginger/curry
-  Eggs and derivatives Seafood and derivatives
-  Coriander
-  Shrimp
-  Corn
-  Lupin
-  Molluscs
-  Honey
-  Milk and related products
-  Nuts
i.e., almonds (*Amygdalus communis* L.), hazelnuts (*Corylus avellana*), nuts walnuts (*Juglans regia*), cashew nuts (*Anacardium occidentale*), pecans (*Cary illinoensis* Wangenh. K. Koch), nuts Brazilian (*Bertholletia excelsa*), pistachios, pistachio nuts (*pistacia vera*), nuts peanuts, macadamia nuts or nuts Queensland (*Macadamia ternifolia*), as well as derivative products.
-  Owoce morza i produkty pochodne
-  Chili peppers
-  Fish and related products
-  Celery and related products
-  Sesame
-  Sulphites
-  Soybeans and related products
-  Cereals containing gluten
i.e., wheat, rye, barley, oats, spelt or Their hybrid varieties, as well as products derivatives.



Thank you for
visit and see you soon!

ROMGA



FOLGA

BROWAR